

Craft Your Enduring Mark: Prompts for Purposeful Leadership, A Valor Summit Reflection Tool

Legacy isn't accidental—it's architected. This guide uses targeted prompts to project your influence over a decade, grounding it in your service-forged values for a meaningful post-transition life.

Orientation: Set aside 1-2 hours in a quiet space. Journal freely, then refine.

Core Prompts:

1. **Personal Foundation:** What 3 values from service will define my legacy? (E.g., integrity, resilience.)
2. **Impact Vision:** In 10 years, what problem have I helped solve? Who benefits?
3. **Relationship Legacy:** How will my key relationships (family, mentees) describe my influence?
4. **Contribution Audit:** What unique gifts will I deploy? What if I underuse them?
5. **Obstacle Forecast:** What barriers might derail this? How will I adapt?
6. **Milestone Mapping:** Break into 1-, 5-, and 10-year markers.
7. **Wild Card:** If resources were unlimited, what bold legacy would I pursue?
8. **Integration Check:** Does this align with my energy and rhythms?
9. **Accountability:** Who will I share this with for feedback?
10. **Refinement:** Revisit in 6 months—what's evolved?

Checklist for Use:

- ☐ Answer honestly, without self-editing.
- ☐ Connect to your strengths (cross-reference with other Valor tools).
- ☐ Turn insights into 3 actionable steps.

Closing: Legacy starts today. This guide turns reflection into direction.

About the Author

Dr. Chris Phillips is a clinical and performance psychologist with more than twenty years of experience optimizing human potential in the highest-stakes environments. After serving as the Clinical Psychologist for Special Operations Command Europe Headquarters (SOCEUR), he founded Valor Institute to guide Special Operations Forces, senior military leaders, intelligence operators, and their families into post-uniform lives of clarity, renewed purpose, and unbreakable alignment.

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Build with strength. Lead with clarity. Advance with purpose.

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